| | March 23rd | | | | April 13th | | | | April 20th | | | | May 11th | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Time | Speed | Improve | Points | Time | Speed | Improve | Points | Time | Speed | Improve | Points | Time | Speed | Improve | Points |
| O'Donnell, Tim | 25:07.66 | 23.87 | 0.00% | 12 | 24:41.61 | 24.29 | 1.75% | 24 | 23:43.20 | 25.30 | 4.15% | 34 | 23:33.08 | 25.48 | 0.71% | 18 |
| Alvey, Keith | 28:14.94 | 21.24 | 0.00% | 12 | 27:08.36 | 22.11 | 4.12% | 34 | 26:28.54 | 22.66 | 2.45% | 27 | 26:43.98 | 22.44 | -0.94% | 10 |
| Broom, John | 27:50.52 | 21.54 | 0.00% | 12 | 28:02.96 | 21.39 | -0.71% | 10 | 27:38.80 | 21.70 | 0.72% | 18 | 27:17.30 | 21.99 | 1.34% | 21 |
| Anderson, Rick | 30:30.94 | 19.66 | 0.00% | 12 | Volunteer | | | 12 | Volunteer | | | 12 | 29:37.70 | 20.25 | 2.98% | 29 |
| Patterson, John | 21:27.66 | 27.95 | 0.00% | 12 | 21:39.69 | 27.69 | -0.92% | 10 | 21:35.24 | 27.80 | -0.54% | 10 | 21:52.26 | 27.44 | -1.83% | 12 |
| Reinke, Chris | 23:58.42 | 25.03 | 0.00% | 12 | 23:34.07 | 25.46 | 1.70% | 24 | Volunteer | | | 12 | 23:08.58 | 25.92 | 1.80% | 24 |
| Cadengo, Erika | | | | | | | | | | | | | | | | |
| Johnston, Raymond | 29:17.43 | 20.49 | 0.00% | 12 | 28:15.56 | 21.23 | 3.60% | 33 | 28:05.96 | 21.35 | 0.59% | 18 | 27:20.55 | 21.94 | 2.74% | 29 |
| Williams, Elizabeth | 32:31.02 | 18.45 | 0.00% | 12 | 31:24.63 | 19.10 | 3.50% | 33 | 31:04.14 | 19.31 | 1.13% | 21 | 30:39.06 | 19.58 | 1.36% | 21 |
| Robinson, Nan | | | | | | | | | 35:47.77 | 16.76 | 0.00% | 12 | | | | |
| Capuano, Mike | 24:43.76 | 24.26 | 0.00% | 12 | 24:00.59 | 24.98 | 2.98% | 29 | 24:08.77 | 24.84 | -0.55% | 10 | | | | |
| Fowley, David | 23:12.75 | 25.84 | 0.00% | 12 | 22:57.36 | 26.14 | 1.16% | 21 | 22:40.42 | 26.47 | 1.25% | 21 | 22:40.26 | 26.47 | 0.00% | 12 |
| Rouse, Charles | 25:40.45 | 23.38 | 0.00% | 12 | 25:38.52 | 23.39 | 0.06% | 15 | | | | | 25:41.49 | 23.36 | -0.13% | 12 |
| Cacali, Greg | 22:50.57 | 26.26 | 0.00% | 12 | 22:57.75 | 26.12 | -0.51% | 10 | 22:22.67 | 26.81 | 2.08% | 27 | 22:36.75 | 26.53 | -1.03% | 8 |
| Beck, Jake | 21:39.22 | 27.71 | 0.00% | 12 | 21:35.58 | 27.78 | 0.23% | 15 | Volunteer | | | 12 | | | | |
| Freeman, Kevin | 24:53.61 | 24.10 | 0.00% | 12 | 24:44.01 | 24.26 | 0.67% | 18 | 24:39.88 | 24.32 | 0.27% | 15 | 24:48.47 | 24.19 | -0.54% | 10 |
| Graham, Douglas | | | | | 24:45.25 | 24.24 | 0.00% | 12 | | | | | | | | |
| Brooks, Kelly | 34:23.80 | 17.44 | 0.00% | 12 | 32:31.07 | 18.45 | 5.79% | 34 | 32:00.09 | 18.75 | 1.61% | 24 | 32:29.40 | 18.47 | -1.49% | 8 |
| Britt, Sandy | 32:48.56 | 18.28 | 0.00% | 12 | | | | | 31:25.14 | 19.10 | 4.46% | 34 | 30:52.95 | 19.43 | 1.73% | 24 |
| Whitt, Randy | 26:35.99 | 22.56 | 0.00% | 12 | 26:31.14 | 22.63 | 0.31% | 15 | 26:08.93 | 22.94 | 1.40% | 21 | 25:59.52 | 23.08 | 0.58% | 18 |
| Van Holderbeke, Sonja | 28:20.36 | 21.18 | 0.00% | 12 | Volunteer | | | 12 | 27:28.73 | 21.83 | 3.09% | 31 | Volunteer | | | 12 |
| Botting, Matt | 21:27.84 | 27.95 | 0.00% | 12 | 21:41.86 | 27.65 | -1.08% | 8 | 21:12.53 | 28.28 | 1.18% | 21 | | | | |
| Grigat, Michael | 22:39.47 | 26.49 | 0.00% | 12 | 22:57.50 | 26.12 | -1.38% | 8 | | | | | 22:31.64 | 26.63 | 0.52% | 18 |
| Macleod, Scott | | | | | | | | | | | | | | | | |
| Dutton, Alan | | | | | | | | | 29:43.29 | 20.19 | 0.00% | 12 | 29:06.41 | 20.62 | 2.12% | 27 |
| Wilson, Bob | 28:40.79 | 20.92 | 0.00% | 12 | 28:23.17 | 21.14 | 1.06% | 21 | 28:21.44 | 21.16 | 0.12% | 15 | 27:49.32 | 21.57 | 1.92% | 24 |
| Carroll, TJ | Volunteer | | | 12 | | | | | | | | | 26:34.76 | 22.57 | 0.00% | 12 |
| Pennypacker, Dean | 25:34.03 | 23.47 | 0.00% | 12 | 25:56.18 | 23.14 | -1.41% | 8 | | | | | 25:20.40 | 23.68 | 0.92% | 18 |
| Young, Patrick | | | | | | | | | | | | | 26:39.06 | 22.51 | 0.00% | 12 |
| Wright, Katie | | | | | 37:58.20 | 15.80 | 0.00% | 12 | | | | | 34:36.09 | 17.34 | 9.73% | 34 |
| McGowan, Chad | 35:27.44 | 16.93 | 0.00% | 12 | | | | | | | | | 32:32.01 | 18.44 | 8.97% | 34 |
| Six, Fred | 24:39.31 | 24.34 | 0.00% | 12 | 24:11.58 | 24.79 | 1.86% | 24 | 23:29.49 | 25.55 | 3.05% | 31 | | | | |
| Stiel, Gordon | 22:48.17 | 26.32 | 0.00% | 12 | 22:23.96 | 26.79 | 1.79% | 24 | 22:12.25 | 27.03 | 0.90% | 18 | 22:38.52 | 26.49 | -1.99% | 6 |
| Shiels, Terry | 29:08.30 | 20.59 | 0.00% | 12 | | | | | 28:52.88 | 20.77 | 0.87% | 18 | 28:31.10 | 21.04 | 1.29% | 21 |
| Herrin, Jimmy | 25:32.11 | 23.50 | 0.00% | 12 | | | | | 24:15.88 | 24.73 | 5.22% | 34 | | | | |
| Bendt, Samantha | 24:51.17 | 24.14 | 0.00% | 12 | 24:38.33 | 24.36 | 0.88% | 18 | Volunteer | | | 12 | 24:17.80 | 24.69 | 1.37% | 21 |
| Johnson, Barbara | Volunteer | | | 12 | 29:15.54 | 20.50 | 0.00% | 12 | 28:49.26 | 20.82 | 1.56% | 24 | | | | |
| Hopper, Jolene | | | | | | | | | | | | | 30:40.48 | 19.57 | 0.00% | 12 |
| Lehman, Steve | Volunteer | | | 12 | | | | | 23:28.35 | 25.57 | 0.00% | 12 | | | | |
| Berry, James | | | | | | | | | | | | | 24:36.59 | 24.37 | 0.00% | 12 |
| Mitchum, Rachael | | | | | 31:43.73 | 18.91 | 0.00% | 12 | 32:08.21 | 18.67 | -1.24% | 8 | 31:47.99 | 18.87 | -0.21% | 12 |
| Ducharme, Chip | | | | | | | | | | | | | | | | |
| Holt, Marianne | | | | | 25:15.03 | 23.76 | 0.00% | 12 | 24:44.95 | 24.24 | 2.02% | 27 | 24:51.19 | 24.14 | -0.40% | 12 |
| Mackin, Holly | 25:10.88 | 23.83 | 0.00% | 12 | 25:25.00 | 23.61 | -0.92% | 10 | | | | | 24:42.65 | 24.28 | 1.89% | 24 |
| Sisson, Bob | 25:53.80 | 23.17 | 0.00% | 12 | 25:54.94 | 23.15 | -0.06% | 12 | | | | | 25:57.38 | 23.12 | -0.19% | 12 |
| Adams, John | | | | | | | | | 26:59.90 | 22.22 | 0.00% | 12 | | | | |
| Cassidy, Peter | | | | | 24:36.25 | 24.39 | 0.00% | 12 | 24:03.22 | 24.95 | 2.29% | 27 | | | | |
| Fitzpatrick, Bruce | 37:36.73 | 15.95 | 0.00% | 12 | | | | | | | | | | | | |
| Knott, Kyle | 25:21.50 | 23.65 | 0.00% | 12 | | | | | | | | | | | | |
| Heimstra, Matt | | | | | | | | | | | | | | | | |
| Acker, Christian | | | | | | | | | | | | | 25:39.19 | 23.39 | 0.00% | 12 |
| Richter, Rick | 29:03.53 | 20.64 | 0.00% | 12 | | | | | 28:06.75 | 21.34 | 3.38% | 31 | | | | |
| Teubner, Peter | | | | | | | | | | | | | | | | |
| Garmany, Becky | Volunteer | | | 12 | Volunteer | | | 12 | 39:54.71 | 15.03 | 0.00% | 12 | | | | |
| Knott, Kyle/Triplett, Chester | | | | | 21:09.13 | 28.37 | 0.00% | 12 | 20:49.98 | 28.80 | 1.52% | 24 | | | | |
| Purser, Lat | | | | | 26:48.87 | 22.37 | 0.00% | 12 | | | | | | | | |
| Fineran, Dan | | | | | | | | | 24:45.63 | 24.23 | 0.00% | 12 | | | | |
| Black, Robert | 23:32.58 | 25.48 | 0.00% | 12 | | | | | Volunteer | | | 12 | 24:45.10 | 24.24 | -4.85% | 1 |
| Davies, Rodney | 25:03.53 | 23.94 | 0.00% | 12 | | | | | | | | | | | | |
| Gerardi, Richard | 25:49.57 | 23.23 | 0.00% | 12 | | | | | | | | | | | | |
| Peterson, Mark | 23:05.36 | 25.99 | 0.00% | 12 | | | | | | | | | 23:32.27 | 25.50 | -1.91% | 6 |
| Chin, Bernie | 26:01.64 | 23.05 | 0.00% | 12 | | | | | | | | | 26:39.44 | 22.51 | -2.31% | 4 |
| Mauer, Samuel | | | | | | | | | 26:32.05 | 22.61 | 0.00% | 12 | 27:04.70 | 22.15 | -2.03% | 4 |
| Jonas, Eddie | | | | | | | | | 26:28.39 | 22.67 | 0.00% | 12 | | | | |
| Calvin, Laura | | | | | 25:11.65 | 23.81 | 0.00% | 12 | | | | | | | | |
| Beddingfield, Cameron | | | | | 28:05.33 | 21.36 | 0.00% | 12 | | | | | | | | |
| Black, Robert/Black, Sophia | | | | | | | | | | | | | | | | |
| Calvin, Kendall | | | | | 26:43.64 | 22.44 | 0.00% | 12 | | | | | | | | |
| Caroll, James | | | | | | | | | | | | | | | | |
| Chambers, Halie | | | | | | | | | 31:52.17 | 18.83 | 0.00% | 12 | | | | |
| Cookson, Brian | | | | | 24:54.16 | 24.10 | 0.00% | 12 | | | | | | | | |
| Dail, Kimi | | | | | | | | | | | | | | | | |
| Dannen, Cody | | | | | 22:22.00 | 26.83 | 0.00% | 12 | | | | | | | | |
| Dobbins, Chris | | | | | | | | | | | | | | | | |
| Downing, Judy | | | | | | | | | | | | | | | | |
| Ellington, Malia | | | | | | | | | | | | | | | | |
| Ellington, Nancy | | | | | | | | | | | | | | | | |
| Flynn, Evan | | | | | | | | | | | | | | | | |
| Grigat, Anne | | | | | | | | | | | | | | | | |
| Grigat, Nicolas | | | | | | | | | | | | | | | | |
| Hester, Brian | | | | | | | | | | | | | | | | |
| Hurst, Allyson | | | | | | | | | | | | | | | | |
| Johnson, Nancy | | | | | 33:14.21 | 18.05 | 0.00% | 12 | | | | | | | | |
| Jones, Tommy | 23:57.26 | 25.05 | 0.00% | 12 | | | | | | | | | | | | |
| Kearney, Andy | | | | | | | | | | | | | | | | |
| Leonard, Paul | 26:35.83 | 22.56 | 0.00% | 12 | | | | | | | | | | | | |
| Marvin, Sean | | | | | | | | | | | | | | | | |
| Matchett, Sarah | 23:58.89 | 25.02 | 0.00% | 12 | | | | | | | | | | | | |
| Matz, Jeff | | | | | | | | | | | | | | | | |
| McCall, Benjamin | | | | | | | | | | | | | | | | |
| McCauley, Roy | | | | | | | | | 22:42.22 | 26.43 | 0.00% | 12 | | | | |
| McGlothlin, Steve | | | | | | | | | 25:24.63 | 23.61 | 0.00% | 12 | | | | |
| McLean, John | | | | | | | | | | | | | | | | |
| McMaster, Henry | 36:42.55 | 16.34 | 0.00% | 12 | | | | | | | | | | | | |
| Moreno, Lonnie | | | | | | | | | | | | | 26:31.17 | 22.63 | 0.00% | 12 |
| Olsen, Jacob | | | | | | | | | | | | | | | | |
| Patenaude, Ray | | | | | Volunteer | | | 12 | | | | | | | | |
| Penaloza, Claudia | | | | | | | | | | | | | | | | |
| Postell, Danny | | | | | | | | | | | | | | | | |
| Puckettt, Drew | | | | | | | | | | | | | | | | |
| Rickards, Ben | | | | | | | | | 26:51.38 | 22.35 | 0.00% | 12 | | | | |
| Shaver, Barbara | Volunteer | | | 12 | | | | | | | | | | | | |
| Smith, Eli | | | | | | | | | | | | | | | | |
| Spargo, Matt | 22:58.56 | 26.11 | 0.00% | 12 | | | | | | | | | | | | |
| Triplett, Chester / Blackley, Jonathan | | | | | | | | | | | | | | | | |
| Vievrock, Steven | | | | | 30:52.73 | 19.43 | 0.00% | 12 | | | | | | | | |
| Weeres, Jan | | | | | Volunteer | | | 12 | | | | | | | | |
| West, David | | | | | | | | | | | | | | | | |
| Yandel, Joseph | 27:58.45 | 21.45 | 0.00% | 12 | | | | | | | | | | | | |

| | May 25th | | | | June 15th | | | | June 22nd | | | | July 20th | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Time | Speed | Improve | Points | Time | Speed | Improve | Points | Time | Speed | Improve | Points | Time | Speed | Improve | Points |
| O'Donnell, Tim | Volunteer | | | 12 | Volunteer | | | 12 | 23:14.74 | 25.81 | 1.29% | 21 | 23:09.78 | 25.90 | 0.36% | 15 |
| Alvey, Keith | 27:26.40 | 21.87 | -3.46% | 2 | 26:07.67 | 22.96 | 1.34% | 21 | 29:18.63 | 20.47 | -10.86% | 1 | 26:35.33 | 22.57 | -1.69% | 6 |
| Broom, John | 26:34.23 | 22.58 | 2.70% | 29 | 26:23.43 | 22.74 | 0.69% | 18 | 26:11.43 | 22.92 | 0.76% | 18 | | | | |
| Anderson, Rick | 29:35.98 | 20.27 | 0.11% | 15 | 28:40.07 | 20.93 | 3.26% | 31 | 28:08.27 | 21.33 | 1.90% | 24 | 27:41.77 | 21.66 | 1.56% | 24 |
| Patterson, John | 21:33.88 | 27.82 | -0.46% | 12 | 21:35.26 | 27.80 | -0.54% | 10 | 21:18.69 | 28.15 | 0.70% | 18 | 21:25.48 | 28.02 | -0.47% | 12 |
| Reinke, Chris | 23:44.43 | 25.28 | -2.46% | 4 | Volunteer | | | 12 | 23:14.16 | 25.82 | -0.36% | 12 | 23:32.99 | 25.48 | -1.70% | 6 |
| Cadengo, Erika | 39:13.88 | 15.29 | 0.00% | 12 | | | | | 36:10.70 | 16.58 | 8.43% | 34 | Volunteer | | | 12 |
| Johnston, Raymond | 27:17.49 | 21.99 | 0.24% | 15 | | | | | 27:35.93 | 21.74 | -1.15% | 8 | Volunteer | | | 12 |
| Williams, Elizabeth | | | | | 32:18.41 | 18.58 | -5.11% | 1 | | | | | | | | |
| Robinson, Nan | | | | | | | | | | | | | | | | |
| Capuano, Mike | 24:52.76 | 24.11 | -3.48% | 2 | 24:29.21 | 24.51 | -1.91% | 6 | 24:40.54 | 24.31 | -2.70% | 3 | 24:48.34 | 24.19 | -3.16% | 2 |
| Fowley, David | | | | | 23:01.95 | 26.05 | -1.59% | 6 | 23:10.89 | 25.88 | -2.23% | 12 | | | | |
| Rouse, Charles | | | | | 25:10.95 | 23.83 | 1.85% | 24 | 24:22.89 | 24.61 | 3.28% | 31 | | | | |
| Cacali, Greg | 22:55.95 | 26.16 | -2.40% | 4 | 22:46.42 | 26.35 | -1.68% | 6 | 22:46.00 | 26.35 | -1.68% | 6 | 23:03.75 | 26.01 | -2.96% | 3 |
| Beck, Jake | | | | | 21:11.93 | 28.30 | 1.89% | 24 | 20:57.78 | 28.62 | 1.11% | 21 | 21:07.76 | 28.39 | -0.79% | 10 |
| Freeman, Kevin | 23:57.53 | 25.03 | 2.92% | 29 | 25:05.27 | 23.92 | -4.45% | 1 | 24:44.86 | 24.24 | -3.16% | 2 | 24:53.30 | 24.11 | -3.68% | 1 |
| Graham, Douglas | 24:50.80 | 24.14 | -0.40% | 12 | 24:30.34 | 24.49 | 1.02% | 21 | 24:31.26 | 24.47 | -0.07% | 12 | | | | |
| Brooks, Kelly | 32:38.40 | 18.39 | -1.94% | 6 | 33:40.07 | 17.82 | -4.95% | 1 | 32:37.64 | 18.39 | -1.94% | 6 | Volunteer | | | 12 |
| Britt, Sandy | | | | | 31:52.05 | 18.83 | -3.09% | 2 | 30:40.82 | 19.55 | 0.65% | 18 | | | | |
| Whitt, Randy | 26:41.01 | 22.49 | -2.56% | 3 | 26:24.41 | 22.73 | -1.52% | 6 | | | | | 26:39.44 | 22.51 | -2.44% | 4 |
| Van Holderbeke, Sonja | 28:02.49 | 21.40 | -1.96% | 6 | 29:11.71 | 20.55 | -5.88% | 1 | 28:11.93 | 21.28 | -2.54% | 3 | | | | |
| Botting, Matt | | | | | | | | | 21:16.00 | 28.21 | -0.24% | 12 | 21:46.79 | 27.54 | -2.60% | 3 |
| Grigat, Michael | Volunteer | | | 12 | Volunteer | | | 12 | 22:51.02 | 26.26 | -1.39% | 8 | 23:23.24 | 25.66 | -3.64% | 1 |
| Macleod, Scott | 42:37.42 | 14.08 | 0.00% | 12 | 30:34.51 | 19.62 | 39.35% | 34 | 29:44.46 | 20.18 | 2.86% | 29 | | | | |
| Dutton, Alan | 29:12.78 | 20.54 | -0.40% | 12 | Volunteer | | | 12 | 29:24.56 | 20.40 | -1.08% | 8 | 30:07.70 | 19.91 | -3.43% | 2 |
| Wilson, Bob | 28:54.47 | 20.76 | -3.75% | 1 | 30:46.23 | 19.50 | -9.59% | 1 | 28:21.03 | 21.16 | -1.88% | 6 | | | | |
| Carroll, TJ | | | | | 25:08.71 | 23.86 | 5.70% | 34 | 24:56.15 | 24.06 | 0.87% | 18 | | | | |
| Pennypacker, Dean | | | | | | | | | 25:15.09 | 23.76 | 0.33% | 15 | | | | |
| Young, Patrick | 27:16.00 | 22.00 | -2.26% | 4 | 26:14.96 | 22.86 | 1.52% | 24 | 26:15.25 | 22.86 | 0.00% | 12 | | | | |
| Wright, Katie | 33:49.26 | 17.74 | 2.32% | 27 | 35:20.14 | 16.98 | -4.29% | 1 | 35:40.27 | 16.82 | -5.19% | 1 | | | | |
| McGowan, Chad | 31:46.57 | 18.88 | 2.36% | 27 | | | | | | | | | | | | |
| Six, Fred | | | | | | | | | | | | | | | | |
| Stiel, Gordon | | | | | | | | | | | | | | | | |
| Shiels, Terry | 29:05.99 | 20.62 | -2.00% | 4 | 29:22.57 | 20.42 | -2.95% | 3 | | | | | | | | |
| Herrin, Jimmy | | | | | | | | | 24:06.47 | 24.90 | 0.69% | 18 | | | | |
| Bendt, Samantha | | | | | | | | | | | | | | | | |
| Johnson, Barbara | | | | | Volunteer | | | 12 | | | | | | | | |
| Hopper, Jolene | 30:26.27 | 19.72 | 0.77% | 18 | | | | | 29:32.80 | 20.30 | 2.99% | 29 | | | | |
| Lehman, Steve | | | | | | | | | 23:10.23 | 25.90 | 1.29% | 21 | | | | |
| Berry, James | | | | | | | | | | | | | | | | |
| Mitchum, Rachael | 32:00.00 | 18.75 | -0.83% | 10 | 34:05.21 | 17.60 | -6.89% | 1 | Volunteer | | | 12 | | | | |
| Ducharme, Chip | 27:07.42 | 22.13 | 0.00% | 12 | | | | | | | | | | | | |
| Holt, Marianne | | | | | | | | | | | | | | | | |
| Mackin, Holly | | | | | | | | | | | | | | | | |
| Sisson, Bob | | | | | 27:00.25 | 22.22 | -4.07% | 1 | | | | | 26:22.79 | 22.74 | -1.83% | 6 |
| Adams, John | | | | | 27:10.82 | 22.07 | -0.67% | 10 | 26:49.48 | 22.37 | 0.68% | 18 | | | | |
| Cassidy, Peter | | | | | | | | | 24:23.68 | 24.59 | -1.43% | 8 | | | | |
| Fitzpatrick, Bruce | 35:23.90 | 16.95 | 6.26% | 34 | | | | | | | | | | | | |
| Knott, Kyle | | | | | | | | | 23:56.24 | 25.07 | 5.99% | 34 | | | | |
| Heimstra, Matt | | | | | | | | | | | | | | | | |
| Acker, Christian | | | | | | | | | 25:46.92 | 23.27 | -1.49% | 8 | | | | |
| Richter, Rick | | | | | | | | | | | | | | | | |
| Teubner, Peter | | | | | | | | | | | | | | | | |
| Garmany, Becky | | | | | | | | | | | | | | | | |
| Knott, Kyle/Triplett, Chester | | | | | | | | | | | | | | | | |
| Purser, Lat | | | | | | | | | | | | | | | | |
| Fineran, Dan | | | | | | | | | | | | | | | | |
| Black, Robert | | | | | | | | | | | | | | | | |
| Davies, Rodney | | | | | | | | | | | | | 25:18.69 | 23.70 | -0.99% | 10 |
| Gerardi, Richard | 26:14.21 | 22.87 | -1.52% | 6 | | | | | | | | | | | | |
| Peterson, Mark | | | | | | | | | | | | | | | | |
| Chin, Bernie | | | | | | | | | | | | | | | | |
| Mauer, Samuel | | | | | | | | | | | | | | | | |
| Jonas, Eddie | | | | | | | | | 28:20.36 | 21.18 | -6.59% | 1 | 27:59.36 | 21.44 | -5.42% | 1 |
| Calvin, Laura | | | | | 27:37.89 | 21.71 | -8.81% | 1 | | | | | | | | |
| Beddingfield, Cameron | | | | | | | | | | | | | | | | |
| Black, Robert/Black, Sophia | | | | | | | | | | | | | | | | |
| Calvin, Kendall | | | | | | | | | | | | | | | | |
| Caroll, James | | | | | | | | | | | | | 29:41.46 | 20.21 | 0.00% | 12 |
| Chambers, Halie | | | | | | | | | | | | | | | | |
| Cookson, Brian | | | | | | | | | | | | | | | | |
| Dail, Kimi | | | | | | | | | | | | | 39:12.06 | 15.31 | 0.00% | 12 |
| Dannen, Cody | | | | | | | | | | | | | | | | |
| Dobbins, Chris | | | | | | | | | | | | | | | | |
| Downing, Judy | | | | | | | | | | | | | | | | |
| Ellington, Malia | | | | | 25:35.38 | 23.45 | 0.00% | 12 | | | | | | | | |
| Ellington, Nancy | | | | | 39:14.01 | 15.29 | 0.00% | 12 | | | | | | | | |
| Flynn, Evan | | | | | | | | | | | | | | | | |
| Grigat, Anne | | | | | 29:43.48 | 20.19 | 0.00% | 12 | | | | | | | | |
| Grigat, Nicolas | | | | | 31:52.92 | 18.82 | 0.00% | 12 | | | | | | | | |
| Hester, Brian | | | | | 24:31.64 | 24.46 | 0.00% | 12 | | | | | | | | |
| Hurst, Allyson | | | | | | | | | | | | | 29:45.94 | 20.16 | 0.00% | 12 |
| Johnson, Nancy | | | | | | | | | | | | | | | | |
| Jones, Tommy | | | | | | | | | | | | | | | | |
| Kearney, Andy | | | | | | | | | | | | | | | | |
| Leonard, Paul | | | | | | | | | | | | | | | | |
| Marvin, Sean | | | | | 27:27.63 | 21.84 | 0.00% | 12 | | | | | | | | |
| Matchett, Sarah | | | | | | | | | | | | | | | | |
| Matz, Jeff | | | | | | | | | 26:50.93 | 22.35 | 0.00% | 12 | | | | |
| McCall, Benjamin | | | | | | | | | | | | | | | | |
| McCauley, Roy | | | | | | | | | | | | | | | | |
| McGlothlin, Steve | | | | | | | | | | | | | | | | |
| McLean, John | | | | | | | | | | | | | | | | |
| McMaster, Henry | | | | | | | | | | | | | | | | |
| Moreno, Lonnie | | | | | | | | | | | | | | | | |
| Olsen, Jacob | | | | | | | | | | | | | | | | |
| Patenaude, Ray | | | | | | | | | | | | | | | | |
| Penaloza, Claudia | | | | | | | | | | | | | | | | |
| Postell, Danny | | | | | | | | | | | | | | | | |
| Puckettt, Drew | | | | | | | | | | | | | | | | |
| Rickards, Ben | | | | | | | | | | | | | | | | |
| Shaver, Barbara | | | | | | | | | | | | | | | | |
| Smith, Eli | | | | | | | | | | | | | | | | |
| Spargo, Matt | | | | | | | | | | | | | | | | |
| Triplett, Chester / Blackley, Jonathan | | | | | | | | | | | | | | | | |
| Vievrock, Steven | | | | | | | | | | | | | | | | |
| Weeres, Jan | | | | | | | | | | | | | | | | |
| West, David | | | | | | | | | | | | | | | | |
| Yandel, Joseph | | | | | | | | | | | | | | | | |

| | July 27th | | | | August 17th | | | | August 31st | | | | September 7th | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Time | Speed | Improve | Points | Time | Speed | Improve | Points | Time | Speed | Improve | Points | Time | Speed | Improve | Points | TOTAL | |
| O'Donnell, Tim | 24:25.85 | 24.56 | -5.18% | 7 | 23:11.40 | 25.88 | -0.07% | 12 | 23:35.99 | 25.42 | -1.84% | 6 | 22:47.15 | 26.34 | 1.68% | 24 | 197 | O'Donnell, Tim |
| Alvey, Keith | 26:01.89 | 23.05 | 0.38% | 21 | 25:15.56 | 23.75 | 3.03% | 31 | 25:02.68 | 23.95 | 0.86% | 19 | 26:07.98 | 22.96 | -4.15% | 12 | 196 | Alvey, Keith |
| Broom, John | 26:08.93 | 22.94 | 0.13% | 21 | 25:39.56 | 23.38 | 1.88% | 24 | Volunteer | | | 12 | 25:43.35 | 23.33 | -0.19% | 12 | 195 | Broom, John |
| Anderson, Rick | 28:32.01 | 21.03 | -2.92% | 9 | 28:17.08 | 21.21 | -2.06% | 4 | 28:17.58 | 21.20 | -2.12% | 4 | 28:54.44 | 20.76 | -4.15% | 12 | 188 | Anderson, Rick |
| Patterson, John | 21:42.69 | 27.63 | -1.84% | 12 | 21:26.15 | 27.99 | -0.54% | 10 | 21:21.56 | 28.08 | -0.23% | 12 | 21:27.46 | 27.97 | -0.62% | 10 | 140 | Patterson, John |
| Reinke, Chris | 23:38.93 | 25.37 | -2.11% | 10 | 24:13.00 | 24.78 | -4.40% | 1 | 23:16.10 | 25.79 | -0.50% | 10 | 25:09.28 | 23.86 | -7.95% | 12 | 139 | Reinke, Chris |
| Cadengo, Erika | | | | | 34:15.78 | 17.51 | 5.59% | 34 | 33:28.32 | 17.93 | 2.39% | 27 | 33:45.81 | 17.77 | -0.89% | 10 | 129 | Cadengo, Erika |
| Johnston, Raymond | | | | | | | | | | | | | | | | | 127 | Johnston, Raymond |
| Williams, Elizabeth | Volunteer | | | 12 | | | | | Volunteer | | | 12 | 32:26.01 | 18.50 | -5.50% | 12 | 124 | Williams, Elizabeth |
| Robinson, Nan | 34:45.02 | 17.27 | 3.02% | 37 | Volunteer | | | 12 | 32:38.83 | 18.38 | 6.43% | 34 | 31:53.15 | 18.82 | 2.40% | 27 | 122 | Robinson, Nan |
| Capuano, Mike | 25:03.78 | 23.94 | -4.19% | 7 | 23:53.05 | 25.12 | 0.56% | 18 | 23:44.93 | 25.26 | 0.56% | 18 | 24:50.55 | 24.14 | -4.43% | 12 | 119 | Capuano, Mike |
| Fowley, David | | | | | 22:59.68 | 26.09 | -1.45% | 12 | 23:05.65 | 25.97 | -1.88% | 6 | 24:16.67 | 24.71 | -6.66% | 12 | 114 | Fowley, David |
| Rouse, Charles | | | | | | | | | 24:40.95 | 24.31 | -1.22% | 8 | 25:36.13 | 23.44 | -4.75% | 12 | 114 | Rouse, Charles |
| Cacali, Greg | 23:11.15 | 25.88 | -3.45% | 8 | Volunteer | | | 12 | 23:03.56 | 26.01 | -2.96% | 3 | 25:14.15 | 23.78 | -11.29% | 12 | 111 | Cacali, Greg |
| Beck, Jake | | | | | | | | | | | | | 20:53.86 | 28.71 | 0.32% | 15 | 109 | Beck, Jake |
| Freeman, Kevin | 25:32.96 | 23.48 | -6.20% | 7 | | | | | 25:16.60 | 23.73 | -5.21% | 1 | 27:13.54 | 22.03 | -12.00% | 12 | 108 | Freeman, Kevin |
| Graham, Douglas | | | | | | | | | 23:17.15 | 25.77 | 5.23% | 34 | 23:13.79 | 25.82 | 0.22% | 15 | 106 | Graham, Douglas |
| Brooks, Kelly | | | | | | | | | | | | | | | | | 103 | Brooks, Kelly |
| Britt, Sandy | Volunteer | | | 12 | | | | | | | | | | | | | 102 | Britt, Sandy |
| Whitt, Randy | | | | | 26:41.24 | 22.49 | -2.56% | 3 | 26:20.83 | 22.77 | -1.33% | 8 | 28:30.25 | 21.05 | -8.77% | 12 | 102 | Whitt, Randy |
| Van Holderbeke, Sonja | | | | | 31:33.53 | 19.01 | -12.94% | 1 | 29:12.13 | 20.55 | -5.88% | 1 | 28:21.41 | 21.16 | -3.06% | 12 | 91 | Van Holderbeke, Sonja |
| Botting, Matt | 21:37.29 | 27.76 | -1.85% | 12 | 21:33.88 | 27.82 | -1.62% | 6 | 21:27.19 | 27.97 | -1.09% | 8 | 21:37.54 | 27.73 | -1.93% | 6 | 88 | Botting, Matt |
| Grigat, Michael | | | | | | | | | 23:03.28 | 26.03 | -2.24% | 4 | 24:19.45 | 24.67 | -7.33% | 12 | 87 | Grigat, Michael |
| Macleod, Scott | 30:26.65 | 19.70 | -2.35% | 10 | | | | | | | | | | | | | 85 | Macleod, Scott |
| Dutton, Alan | 30:08.99 | 19.90 | -3.48% | 8 | | | | | | | | | | | | | 81 | Dutton, Alan |
| Wilson, Bob | | | | | | | | | | | | | | | | | 80 | Wilson, Bob |
| Carroll, TJ | | | | | 25:41.93 | 23.35 | -2.98% | 3 | | | | | | | | | 79 | Carroll, TJ |
| Pennypacker, Dean | | | | | 25:32.80 | 23.48 | -1.17% | 8 | 25:49.98 | 23.23 | -2.26% | 4 | 26:45.09 | 22.43 | -5.61% | 12 | 77 | Pennypacker, Dean |
| Young, Patrick | 26:33.25 | 22.60 | -1.13% | 14 | 26:24.31 | 22.73 | -0.57% | 10 | | | | | | | | | 76 | Young, Patrick |
| Wright, Katie | | | | | | | | | | | | | | | | | 75 | Wright, Katie |
| McGowan, Chad | | | | | | | | | | | | | | | | | 73 | McGowan, Chad |
| Six, Fred | | | | | 23:51.97 | 25.14 | -1.61% | 6 | | | | | | | | | 73 | Six, Fred |
| Stiel, Gordon | | | | | | | | | | | | | 24:06.63 | 24.88 | -7.95% | 12 | 72 | Stiel, Gordon |
| Shiels, Terry | 30:33.34 | 19.64 | -6.66% | 7 | 29:08.21 | 20.59 | -2.12% | 4 | 29:34.17 | 20.29 | -3.55% | 1 | 29:37.07 | 20.26 | -3.71% | 1 | 71 | Shiels, Terry |
| Herrin, Jimmy | | | | | | | | | 24:34.82 | 24.41 | -1.97% | 6 | | | | | 70 | Herrin, Jimmy |
| Bendt, Samantha | | | | | | | | | | | | | | | | | 63 | Bendt, Samantha |
| Johnson, Barbara | | | | | | | | | | | | | | | | | 60 | Johnson, Barbara |
| Hopper, Jolene | | | | | | | | | | | | | | | | | 59 | Hopper, Jolene |
| Lehman, Steve | | | | | 25:09.69 | 23.84 | -7.95% | 1 | | | | | 24:53.52 | 24.10 | -6.96% | 12 | 58 | Lehman, Steve |
| Berry, James | | | | | | | | | 23:01.30 | 26.07 | 6.95% | 34 | 23:10.76 | 25.88 | -0.72% | 10 | 56 | Berry, James |
| Mitchum, Rachael | | | | | | | | | | | | | | | | | 55 | Mitchum, Rachael |
| Ducharme, Chip | | | | | 26:03.94 | 23.02 | 4.03% | 34 | 26:21.91 | 22.76 | -1.14% | 8 | | | | | 54 | Ducharme, Chip |
| Holt, Marianne | | | | | | | | | | | | | | | | | 51 | Holt, Marianne |
| Mackin, Holly | | | | | 25:51.31 | 23.21 | -4.38% | 1 | 25:29.30 | 23.54 | -3.01% | 2 | 25:37.98 | 23.41 | -3.58% | 1 | 50 | Mackin, Holly |
| Sisson, Bob | 29:17.99 | 20.48 | -11.60% | 7 | | | | | | | | | | | | | 50 | Sisson, Bob |
| Adams, John | 27:48.75 | 21.57 | -3.59% | 7 | | | | | | | | | | | | | 47 | Adams, John |
| Cassidy, Peter | | | | | | | | | | | | | | | | | 47 | Cassidy, Peter |
| Fitzpatrick, Bruce | | | | | | | | | | | | | | | | | 46 | Fitzpatrick, Bruce |
| Knott, Kyle | | | | | | | | | | | | | | | | | 46 | Knott, Kyle |
| Heimstra, Matt | | | | | 27:18.97 | 21.96 | 0.00% | 12 | 26:22.45 | 22.76 | 3.60% | 33 | | | | | 45 | Heimstra, Matt |
| Acker, Christian | 25:24.13 | 23.62 | 0.98% | 24 | | | | | | | | | | | | | 44 | Acker, Christian |
| Richter, Rick | | | | | | | | | | | | | | | | | 43 | Richter, Rick |
| Teubner, Peter | | | | | 28:58.89 | 20.70 | 0.00% | 12 | 28:15.44 | 21.24 | 2.60% | 29 | | | | | 41 | Teubner, Peter |
| Garmany, Becky | | | | | | | | | | | | | | | | | 36 | Garmany, Becky |
| Knott, Kyle/Triplett, Chester | | | | | | | | | | | | | | | | | 36 | Knott, Kyle/Triplett, Chester |
| Purser, Lat | | | | | 26:33.00 | 22.60 | 1.00% | 21 | | | | | | | | | 33 | Purser, Lat |
| Fineran, Dan | | | | | | | | | 24:36.38 | 24.39 | 0.68% | 18 | | | | | 30 | Fineran, Dan |
| Black, Robert | | | | | | | | | | | | | | | | | 25 | Black, Robert |
| Davies, Rodney | | | | | | | | | | | | | | | | | 22 | Davies, Rodney |
| Gerardi, Richard | | | | | | | | | | | | | | | | | 18 | Gerardi, Richard |
| Peterson, Mark | | | | | | | | | | | | | | | | | 18 | Peterson, Mark |
| Chin, Bernie | | | | | | | | | | | | | | | | | 16 | Chin, Bernie |
| Mauer, Samuel | | | | | | | | | | | | | | | | | 16 | Mauer, Samuel |
| Jonas, Eddie | | | | | 27:33.28 | 21.78 | -3.93% | 1 | | | | | | | | | 15 | Jonas, Eddie |
| Calvin, Laura | | | | | | | | | | | | | | | | | 13 | Calvin, Laura |
| Beddingfield, Cameron | | | | | | | | | | | | | | | | | 12 | Beddingfield, Cameron |
| Black, Robert/Black, Sophia | | | | | | | | | | | | | 34:38.52 | 17.32 | 0.00% | 12 | 12 | Black, Robert/Black, Sophia |
| Calvin, Kendall | | | | | | | | | | | | | | | | | 12 | Calvin, Kendall |
| Caroll, James | | | | | | | | | | | | | | | | | 12 | Caroll, James |
| Chambers, Halie | | | | | | | | | | | | | | | | | 12 | Chambers, Halie |
| Cookson, Brian | | | | | | | | | | | | | | | | | 12 | Cookson, Brian |
| Dail, Kimi | | | | | | | | | | | | | | | | | 12 | Dail, Kimi |
| Dannen, Cody | | | | | | | | | | | | | | | | | 12 | Dannen, Cody |
| Dobbins, Chris | | | | | | | | | | | | | 26:42.63 | 22.46 | 0.00% | 12 | 12 | Dobbins, Chris |
| Downing, Judy | | | | | 35:07.64 | 17.08 | 0.00% | 12 | | | | | | | | | 12 | Downing, Judy |
| Ellington, Malia | | | | | | | | | | | | | | | | | 12 | Ellington, Malia |
| Ellington, Nancy | | | | | | | | | | | | | | | | | 12 | Ellington, Nancy |
| Flynn, Evan | | | | | | | | | | | | | 26:25.47 | 22.71 | 0.00% | 12 | 12 | Flynn, Evan |
| Grigat, Anne | | | | | | | | | | | | | | | | | 12 | Grigat, Anne |
| Grigat, Nicolas | | | | | | | | | | | | | | | | | 12 | Grigat, Nicolas |
| Hester, Brian | | | | | | | | | | | | | | | | | 12 | Hester, Brian |
| Hurst, Allyson | | | | | | | | | | | | | | | | | 12 | Hurst, Allyson |
| Johnson, Nancy | | | | | | | | | | | | | | | | | 12 | Johnson, Nancy |
| Jones, Tommy | | | | | | | | | | | | | | | | | 12 | Jones, Tommy |
| Kearney, Andy | | | | | | | | | | | | | 29:36.92 | 20.26 | 0.00% | 12 | 12 | Kearney, Andy |
| Leonard, Paul | | | | | | | | | | | | | | | | | 12 | Leonard, Paul |
| Marvin, Sean | | | | | | | | | | | | | | | | | 12 | Marvin, Sean |
| Matchett, Sarah | | | | | | | | | | | | | | | | | 12 | Matchett, Sarah |
| Matz, Jeff | | | | | | | | | | | | | | | | | 12 | Matz, Jeff |
| McCall, Benjamin | | | | | | | | | 34:43.95 | 17.27 | 0.00% | 12 | | | | | 12 | McCall, Benjamin |
| McCauley, Roy | | | | | | | | | | | | | | | | | 12 | McCauley, Roy |
| McGlothlin, Steve | | | | | | | | | | | | | | | | | 12 | McGlothlin, Steve |
| McLean, John | | | | | 27:40.70 | 21.67 | 0.00% | 12 | | | | | | | | | 12 | McLean, John |
| McMaster, Henry | | | | | | | | | | | | | | | | | 12 | McMaster, Henry |
| Moreno, Lonnie | | | | | | | | | | | | | | | | | 12 | Moreno, Lonnie |
| Olsen, Jacob | | | | | 24:58.89 | 24.02 | 0.00% | 12 | | | | | | | | | 12 | Olsen, Jacob |
| Patenaude, Ray | | | | | | | | | | | | | | | | | 12 | Patenaude, Ray |
| Penaloza, Claudia | | | | | | | | | | | | | 27:34.29 | 21.77 | 0.00% | 12 | 12 | Penaloza, Claudia |
| Postell, Danny | | | | | | | | | | | | | 32:06.38 | 18.69 | 0.00% | 12 | 12 | Postell, Danny |
| Puckettt, Drew | | | | | | | | | | | | | 23:01.22 | 26.07 | 0.00% | 12 | 12 | Puckettt, Drew |
| Rickards, Ben | | | | | | | | | | | | | | | | | 12 | Rickards, Ben |
| Shaver, Barbara | | | | | | | | | | | | | | | | | 12 | Shaver, Barbara |
| Smith, Eli | | | | | | | | | | | | | 22:38.57 | 26.49 | 0.00% | 12 | 12 | Smith, Eli |
| Spargo, Matt | | | | | | | | | | | | | | | | | 12 | Spargo, Matt |
| Triplett, Chester / Blackley, Jonathan | | | | | 22:22.30 | 26.83 | 0.00% | 12 | | | | | | | | | 12 | Triplett, Chester / Blackley, Jonathan |
| Vievrock, Steven | | | | | | | | | | | | | | | | | 12 | Vievrock, Steven |
| Weeres, Jan | | | | | | | | | | | | | | | | | 12 | Weeres, Jan |
| West, David | | | | | | | | | 29:13.82 | 20.52 | 0.00% | 12 | | | | | 12 | West, David |
| Yandel, Joseph | | | | | | | | | | | | | | | | | 12 | Yandel, Joseph |